

Data Driving Results: Columbia-Pacific CCO's Approach to Improving Prescribing

Safina Koreishi, MD, MPH, Medical Director

Melissa Brewster, PharmD, BCPS, Ambulatory Care Clinical Coordinator

Nicole Jepeal, MSPH, QI Analytics Supervisor

Objectives

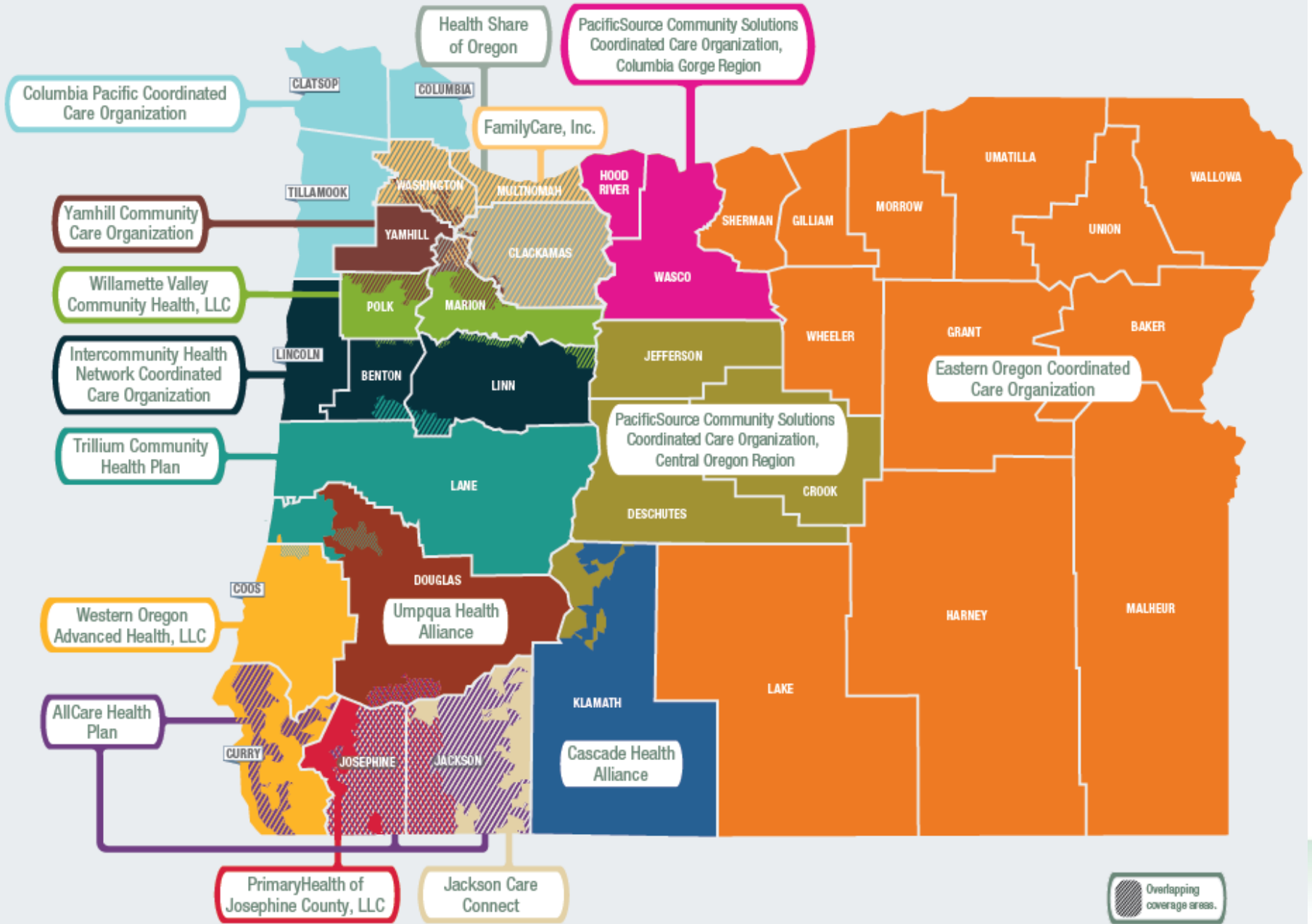
After attending this session the learner will be able to recognize

- The four levels of data used by Columbia Pacific CCO in the development of their opioid strategy; and
- The impact of each data level on opioid management within a population

Disclosure

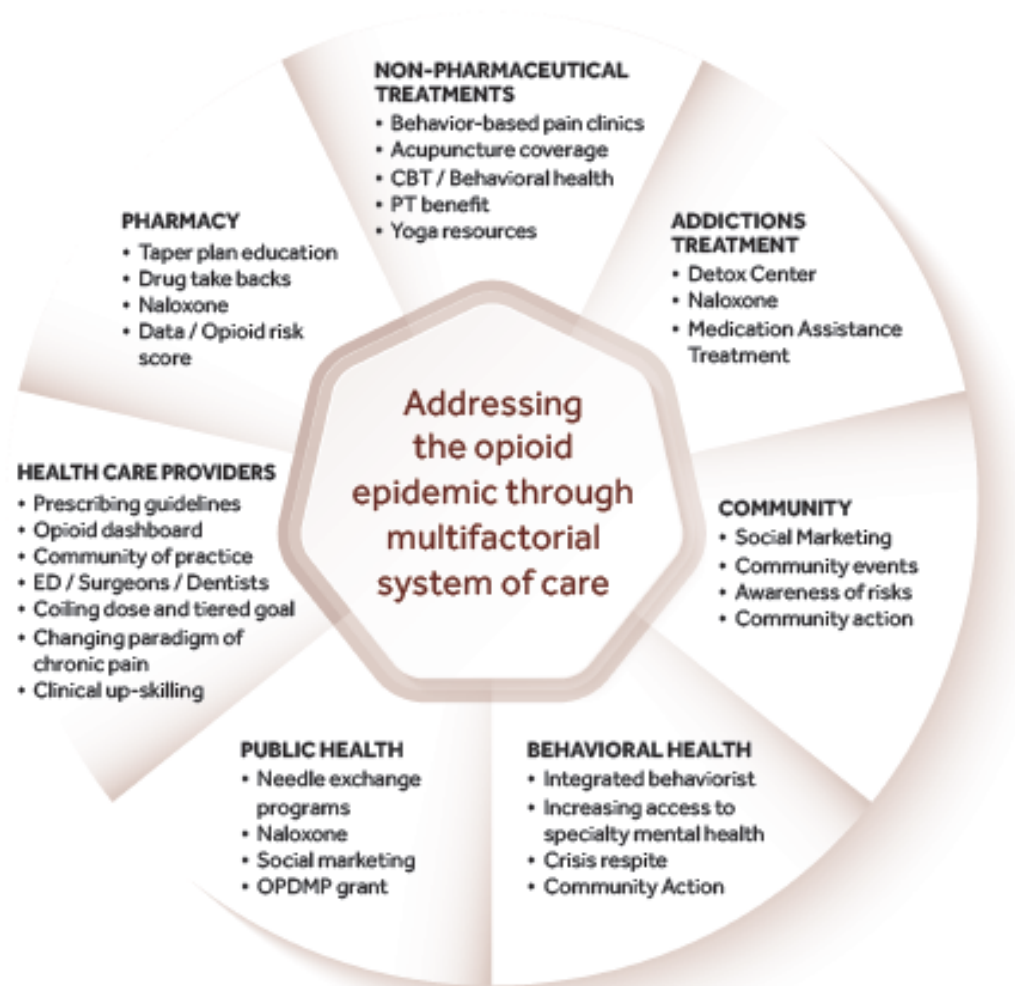
- The presenters have no financial relationships with a commercial entity producing healthcare related products and/or services

Coordinated Care Organization Service Areas



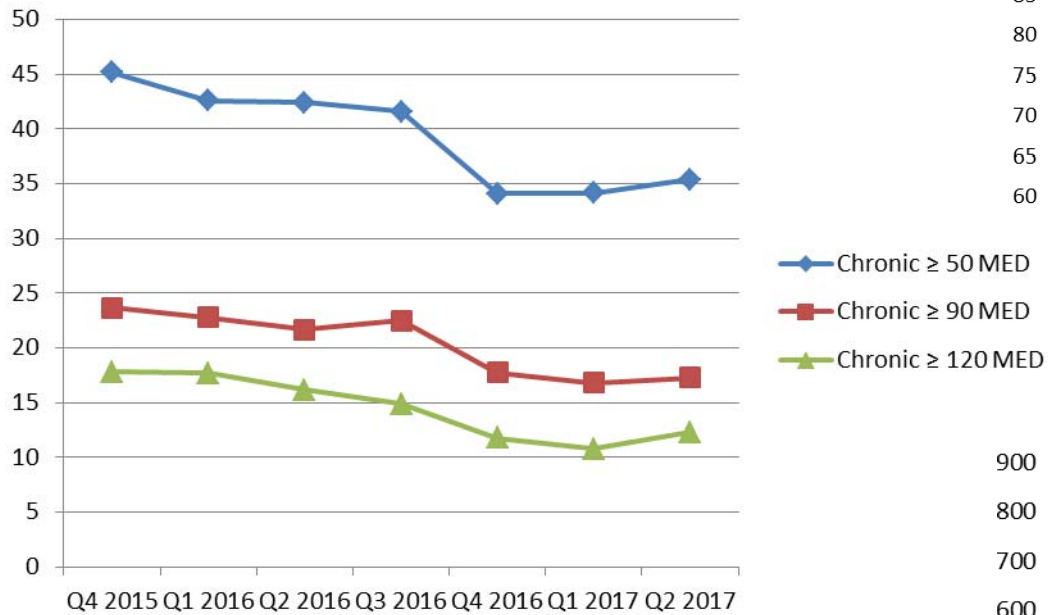
Opioid Strategy Update

Regional Opioid Model of Care

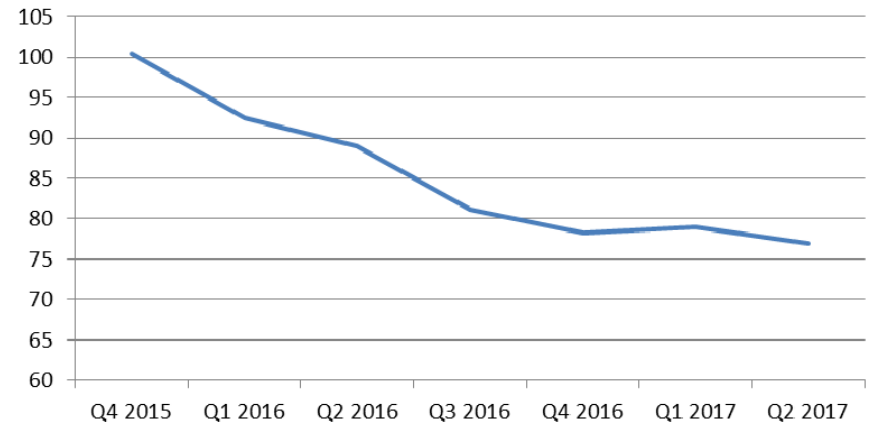


Sharing data: CCO Level

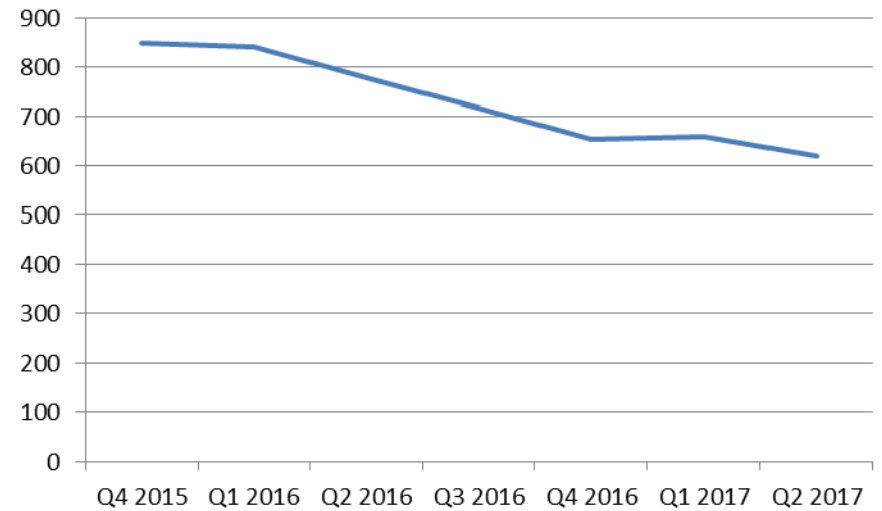
% Chronic Opioid Users on High Dose



Average MED- Chronic Users



Chronic Opioid Users



Sharing data: Clinic Level

CPCCO Opioid Dashboard										
Q2 2017	# of Members w/ Chronic Opioid (Any MED)	Assigned Members w/ Chronic Opioid (Any MED) per 1,000 Members	# at MED ≥ 50	Assigned Members at MED ≥ 50 per 1,000 Members	# at MED ≥ 90	Assigned Members at MED ≥ 90 per 1,000 Members	# at MED ≥ 120	Assigned Members at MED ≥ 120 per 1,000 members	# with BZDs + Opioids (Any MED) ¹	Assigned Members w/ BZDs AND Opioids ¹ per 1,000 Members
Columbia Pacific CCO TOTAL ²	608	26.8	212	9.4	101	4.5	71	3.1	110	4.9
<div style="display: flex; justify-content: space-between;"> Sep 2017 Clinic E Page 1 of 1 </div>										
System 1	Clinic A	24	45.7	3	5.7	1	1.9	1		
	Clinic B	14	16.5	3	3.5	1	1.2	1		
	Clinic C	3	9.3	1	3.1	1	3.1	1		
	Clinic D	42	78.7	19	35.6	7	13.1	4		
System 2	Clinic E	29	38.9	6	8.1	2	2.7	1		
	Clinic F	60	14.1	25	5.9	14	3.3	9		
	Clinic G	5	11.6	1	2.3	1	2.3	1		
	Clinic H	65	51.7	17	13.5	10	7.9	7		
	Clinic I	88	19.2	29	6.3	14	3.1	7		
	Clinic J	61	38.2	23	14.4	12	7.5	10		
	Clinic K	32	42.3	11	14.5	7	9.2	5		
	Clinic L	30	214.3	10	71.4	4	28.6	4		
	Clinic M	22	87.0	9	35.6	2	7.9	1		
	Clinic N	27	13.6	11	5.5	3	1.5	3		
Clinic O	30	202.7	14	94.6	7	47.3	6			

Q2 2017	CPCCO TOTAL	Chronic Opioid Use - Quarterly Tracking 2017							
		Q4 (2015)	Q1 (2016)	Q2 (2016)	Q3 (2016)	Q4 (2016)	Q1	Q2	Trend
# of Members w/ Chronic Opioid (Any MED)	608	53	54	34	37	29	28	29	
Assigned Members w/ Chronic Opioid (Any MED) per 1,000 Members	26.8	87.0	87.0	53.3	55.1	43.3	37.9	38.9	
# at MED ≥ 50	212	8	9	8	9	5	8	6	
Assigned Members at MED ≥ 50 per 1,000 Members	9.4	14.0	14.0	12.5	13.4	7.5	10.8	8.1	
# at MED ≥ 90	101	3	4	4	5	3	2	2	
Assigned Members at MED ≥ 90 per 1,000 Members	4.5	6.0	6.0	6.3	7.4	4.5	2.7	2.7	
# at MED ≥ 120	71	2	3	4	4	2	2	1	
Assigned Members at MED ≥ 120 per 1,000 members	3.1	5.0	5.0	6.3	6.0	3.0	2.7	1.3	
# with BZDs + Opioids (Any MED) ¹	110	0	0	0	7	6	7	5	
Assigned Members w/ BZDs AND Opioids ¹ per 1,000 Members	4.9	0.0	0.0	0.0	10.4	9.0	9.5	6.7	

Getting more targeted: provider level

Step 1. Sharing prescriber info

Step 2. Tracking provider patterns

Step 3. Individualized provider plans

Getting more targeted: patient level

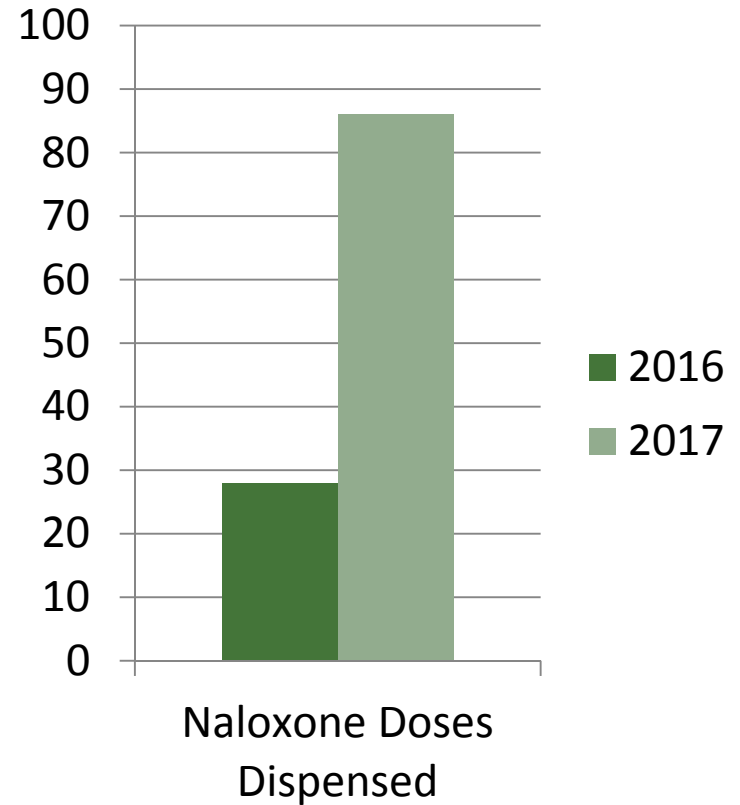
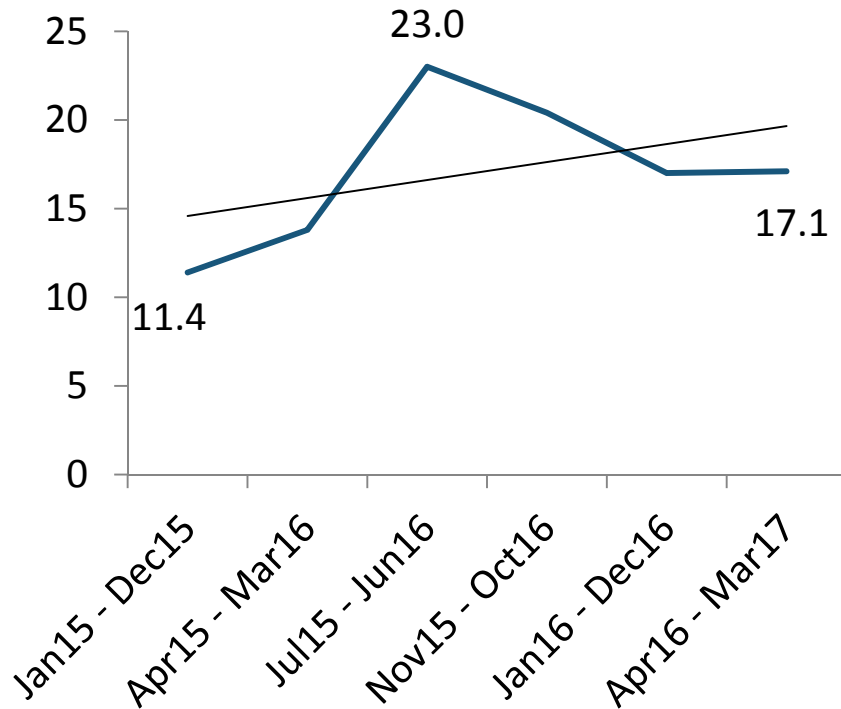
Step 1. Claims analysis to detect potential misuse, risk stratification by dose and concomitant medications

Step 2. Individualized patient plans

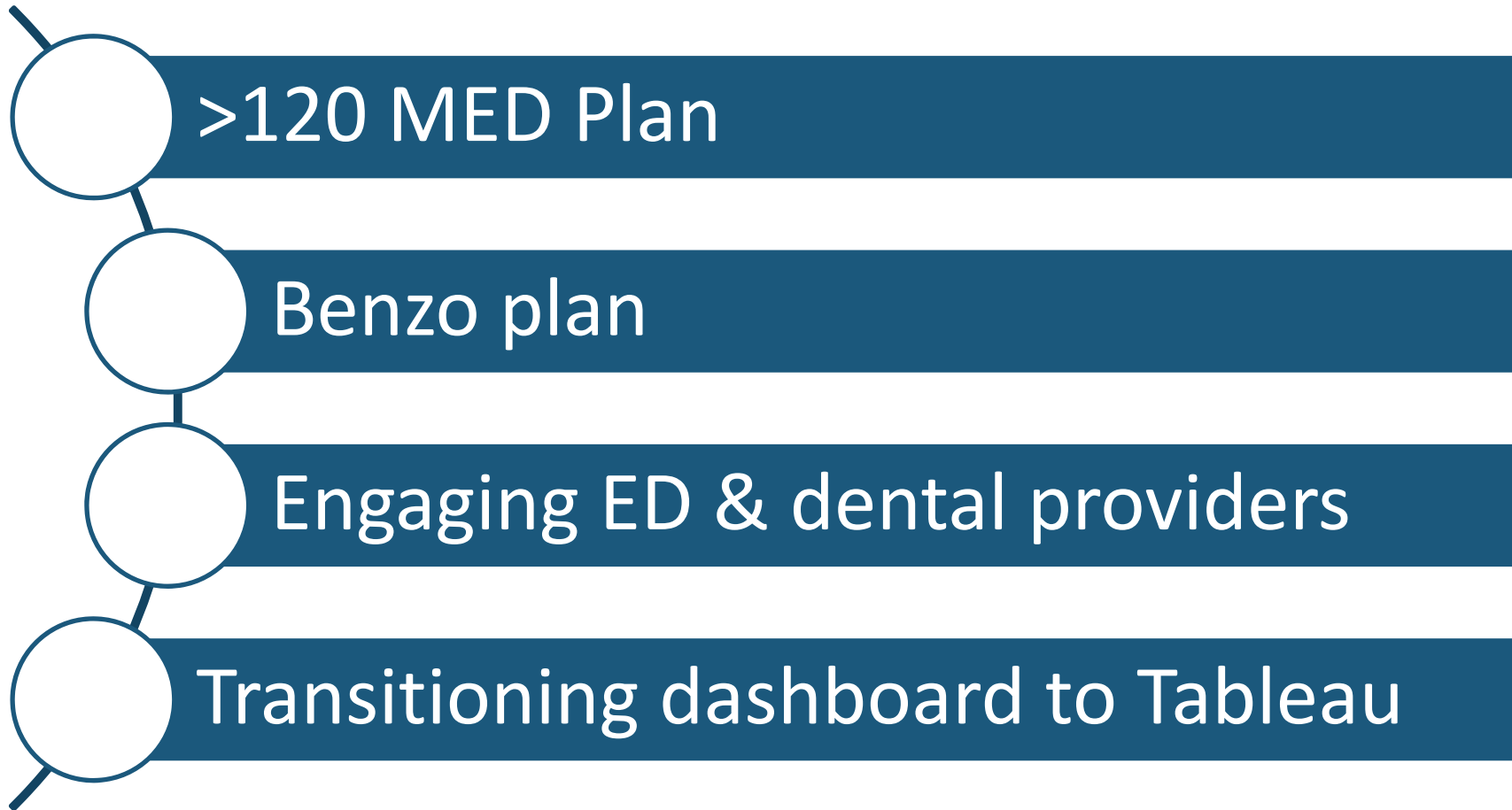
Step 3. Work with community and clinic teams to execute plan

Preventing Unintended Consequences

Opioid-related ED visits per 100,000 MM



Where are we headed next?



Lessons Learned

1. Data transparency is key – don't be afraid to let clinics see themselves next to their colleagues
2. The data is going to be imperfect and that's ok
3. Start small and be iterative
4. Always be ready to learn together