

# Oregon Coalition for the Responsible Use of Meds (OrCRM)



## Mission:

*OrCRM is a Statewide Coalition launched to prevent overdose, misuse and abuse of amphetamines and opioids, both prescription and illicit, among Oregonians.*

**MID-WILLAMETTE VALLEY PAIN  
SUMMIT**

***SEPTEMBER 22, 2017***

# Disclosures



**NO DISCLOSURES OR  
FINANCIAL CONFLICTS OF INTEREST**

# Learning Objectives



- **Discuss the prescribing and pain treatment practices that are fueling the opioid dependence**
- **Introduce the OrCRM Action Plan and set the framework for the summit day.**

Number of opioid pills prescribed last year



# OVERDOSE DEATHS ARE THE TIP OF THE ICEBERG

For every **1** opioid overdose death in 2010 there were...



**\$4,350,000** in healthcare-related costs

## Pain Treatment is Fueling Opioid Dependence



- ❑ Overall, the evidence for long-term analgesic efficacy is weak
- ❑ 100% of patients on opioids chronically develop dependence
  - ❑ Discontinuation studies:
    - ❑ 60% of patients on opioids for 3 months will still be on opioids 5 years later (Martin et al)
    - ❑ 47% of patients on opioids for 30 days in the first year of use will be on opioids 3 years later (Express Scripts study)
  - ❑ Jane Ballantyne-”a lost generation”

Ballantyne J. Pain Physician 2007;10:479-91; Martin BC et al. J Gen Intern Med 2011; 26: 1450-57; Express Scripts study: URL: <http://lab.express-scripts.com/publications/-/media/d48ef3ee579848e7bf3f14af536d7548.ashx>, Accessed 3/4/2015

THIS SLIDE COURTESY OF DR GARY FRANKLIN, WASHINGTON DEPARTMENT OF LABOR AND INDUSTRIES

# OrCRM's Action Plan



## REDUCE THE NUMBER OF PILLS IN CIRCULATION

- ✓ **Better implementation of safe opioid prescribing guidelines** in health systems & clinics
- ✓ **Better use of PDMP** in health systems & clinics to improve monitoring, safety
- ✓ **Better access to safe drug disposal** by expanding pharmacy-based disposal programs

## BETTER PAIN MANAGEMENT

- ✓ **Better access to effective & safer alternatives to opioids for pain treatment** by increasing benefit coverage & availability of alternative treatment services
- ✓ **Better provider education** on acute & chronic pain; best practices for safer pain treatment

## EXPAND ACCESS TO TREATMENT AND NALOXONE

- ✓ **Better access to substance use disorder treatment** by removing barriers to treatment programs & medicated-assisted treatment
- ✓ **Better coordinated care** by integrating behavioral health services into primary care
- ✓ **Better/ wider naloxone distribution** for overdose rescue through pharmacies, first responders, social service organizations & others

## EDUCATE THE PUBLIC ABOUT THE PROBLEM

- ✓ **Better understanding** about pain & opioids; risks & dangers of Rx; safe medication storage and disposal; & Oregon's opioid abuse problem through **data collection and monitoring**