



Trillium University/Lane County Summit on Chronic Pain and Reduced Opiate Use

LCC Center for Meeting and Learning | April 20, 2016 | 8:00 a.m. – 4:30 p.m.

Agenda

Objective: To provide education and resources to create community level action that will move each objective from concept to action to treat chronic pain and reduce Rx abuse in Lane County, and create momentum for change.

8:00 – 8:30 a.m.

Breakfast & Registration

8:30 – 10:30 a.m.

Plenary Session: *New Perspectives on Managing Pain and Limiting Opioid Use*

8:30 – 8:45 a.m.

Welcome & Introductions

Speakers: Thomas K. Wuest, MD, Chief Medical Officer, Trillium Community Health Plan, Dwight Holton, CEO, Lines for Life; Juine Chada, Senator Wyden’s office; Representative Nancy Nathanson; Commissioner Pat Farr

8:45 – 9:30 a.m.

Keynote: Diagnosing & Treating Working Aged Adults With Chronic Musculoskeletal Pain: Keeping the Opioid Naïve, Naïve

Speaker: Paul Coelho, MD, Pain Management Physician, The Corvallis Clinic Pain Management Department, Member, Oregon Pain Commission

9:30 – 10:00 a.m.

The Lane County Experience: Impact of Opioid Misuse, Abuse and Overdose in the Community

Speakers: Patrick Luedtke, MD, Lane County Public Health; Rick Finkelstein, MD, Northwest Anesthesia Physicians

10:00 – 10:30 a.m.

Treating Pain in the Medical Home

Speakers: Lynnea Lindsey-Pengelly, PhD, Trillium Behavioral Health; Rick Kincade, MD, CHC Clinics; Teri Strong, PhD, Strong Behavioral Health

10:30 – 10:40 a.m.

Break

10:40 a.m. – 12:30 p.m.

Morning Session: *Tools for Success*

10:40 – 11:00 a.m.

Oregon Health Authority’s Prescription Drug Monitoring Program

Speaker: Lisa Millet, MSH, Manager, Oregon Public Health Division, Injury and Violence Prevention Program

11:00 – 11:20 a.m.

Statewide Opioid Public Education Campaign and Website

Speakers: Elizabeth White, MPA, OrCRM Program Manager, Lines for Life; Christine Sorvari, MS, Project Manager, Portland Tri-County Opioid Safety Coalition, Multnomah County Health Department

11:20 – 11:45 a.m.

Ways to Live Well with Chronic Pain

Speakers: Mark Altenhofen, MS, CEO, Oregon Pain Advisors, LLC; Catriona Buist, PsyD, Pain Psychologist, OHSU Comprehensive Pain Center, Chair, Oregon Pain Commission

11:45 a.m. – 12:30 p.m.

Action Planning

Facilitators: Dwight Holton, CEO, Lines for Life; Donna Libemday, Education Director, Lines for Life

The goal of this session is to develop a list of action steps and commitments to move forward local initiatives that help those with chronic pain while reducing opioids through expanding use of PDMP, patient education and resources, and increasing access to alternative therapies for pain management.

12:30 – 1:00 p.m.	Lunch Served
1:00 – 1:30 p.m.	Lunch Presentation: <i>Filling the Void: A Personal Perspective on Opiate Use</i> Holly Peters, MSW, CADC III and Jon Roberts, CADC I, South Lane Mental Health
1:30 – 2:00 p.m.	Afternoon Session: <i>Preventing Overdose Deaths by Expanding Naloxone Use</i> Speakers: Kim Toevs, MPH, Adolescent Health Promotion & STD/HIV/HCV Programs Manager, Multnomah County; Renée Yandel, HIV Alliance, Executive Director
2:00 – 2:15 p.m.	Break
2:15 – 4:00 p.m.	<p>Afternoon Break-Out Sessions</p> <div style="display: flex; justify-content: space-between;"> <div style="width: 45%; padding: 5px;"> <p><u>Session A: For Healthcare Providers</u> <u>Treatment Options for Chronic Pain</u></p> <p>Facilitator: Dwight Holton, CEO, Lines for Life</p> <p>Integrated Care: Expanding Availability and Use of Medicaid Assisted Therapies in Primary Care and Other Settings Speakers: Melissa Weimer, DO, MCR, Assistant Professor, OHSU, Medical Director, CODA, Inc.</p> <p>Trillium’s Prescribing/Tapering Guidelines and Coverage of Alternative Medications and Therapies Speakers: Coleen Connolly, MD, Chief Medical Director, Trillium Community Health Plan; Jill Chaplin, MD, PeaceHealth</p> <p>Role of Mental Health and Substance Treatment in Treating Chronic Pain and Reducing Opioid Use Speakers: Tim Hartnett, Executive Director, CODA, Inc.; Lucy Zammarelli, Health Equity Officer/Supervisor, Trillium Behavioral Health</p> </div> <div style="width: 45%; padding: 5px;"> <p><u>Session B: For Community Service Resources</u> <u>Community Action to Reduce Rx Abuse</u></p> <p>Facilitator: Donna Libemday, Education Director, Lines for Life</p> <p>Oregon Safe Disposal Initiative: Leveraging Pharmacies to Become Collectors of Unused, Unwanted, and Expired Medications Speakers: Elizabeth White, MPA, OrCRM Program Manager, Lines for Life, John Eaton, RPh, Director of Pharmacy, Yellowhawk Tribal Health Center</p> <p>Reducing Medication Diversion in Lane County Speakers: Erik Fisher, President Oregon Narcotics Enforcement Association</p> <p>Local Initiatives to Encourage Safe Storage and Proper Disposal of Medications Speakers: Emily Buff Bear, MPH, Community Health Analyst, Lane County Public Health; Mo Young, CPS, Community Health Analyst, Lane County Public Health</p> </div> </div>
4:00 – 4:30 p.m.	Wrap Up: Lane County Plan to Address Chronic Pain and Reduce Opiate Use Summary of planning session and next steps for our community. Speakers: Dwight Holton, Elizabeth White, Donna Libemday and Lucy Zammarelli

