

**WHAT IS ALREADY
HAPPENING TO TURN
THE TIDE?**

CPCCO CLINICAL ADVISORY PANEL OPIOID TASKFORCE FINAL DRAFT RECOMMENDATIONS

North Coast
Opioid Summit
April 28, 2016

Taskforce Members:

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County

CAP Chair: Bruin Rugge, MD MPH- OHSU Scappoose

CPCCO OPIOID MODEL OF CARE

Health Care Providers

- Prescribing guidelines
- Ceiling dose and tiered goal
- Opioid dashboard
- Community of Practice
- Changing paradigm of chronic pain
- Clinical Up-skilling

Public Health

- Needle exchange programs
- Naloxone
- Social marketing
- OPDMP grant

Addictions Treatment

- Medication Assistance Treatment
- Detox Center
- Naloxone

Community

- Social Marketing
- Community events

**Addressing the Opioid Epidemic
through multifactorial system
of care**

Non-Pharmaceutical Treatments

- Behavior Based pain clinics
- Acupuncture coverage
- PT benefit
- Yoga resources
- CBT/Behavioral health

Pharmacy

- Taper Plan Education
- Drug take backs
- Naloxone
- Data/Opioid Risk Score

Behavioral Health

- Integrated behaviorist
- Increasing access to specialty mental health
- Crisis Respite

OVERARCHING RECOMMENDATIONS

- **CPCCO Ceiling Dose: 50 MED**
- **Tiered Goals to reach this over 1-3 years**
- **Opioid taskforce and CAP to continue as coordinating, monitoring, supporting “backbone” to community effort.**
 - **Regular reports to community on progress**
 - **Outreach coordination**
- **Need regional steering committee to guide work (outcome of summit)**

TO OPIOID OR NOT TO OPIOID?

**Clinical Decision:
Patient is a candidate
For opioid medication**

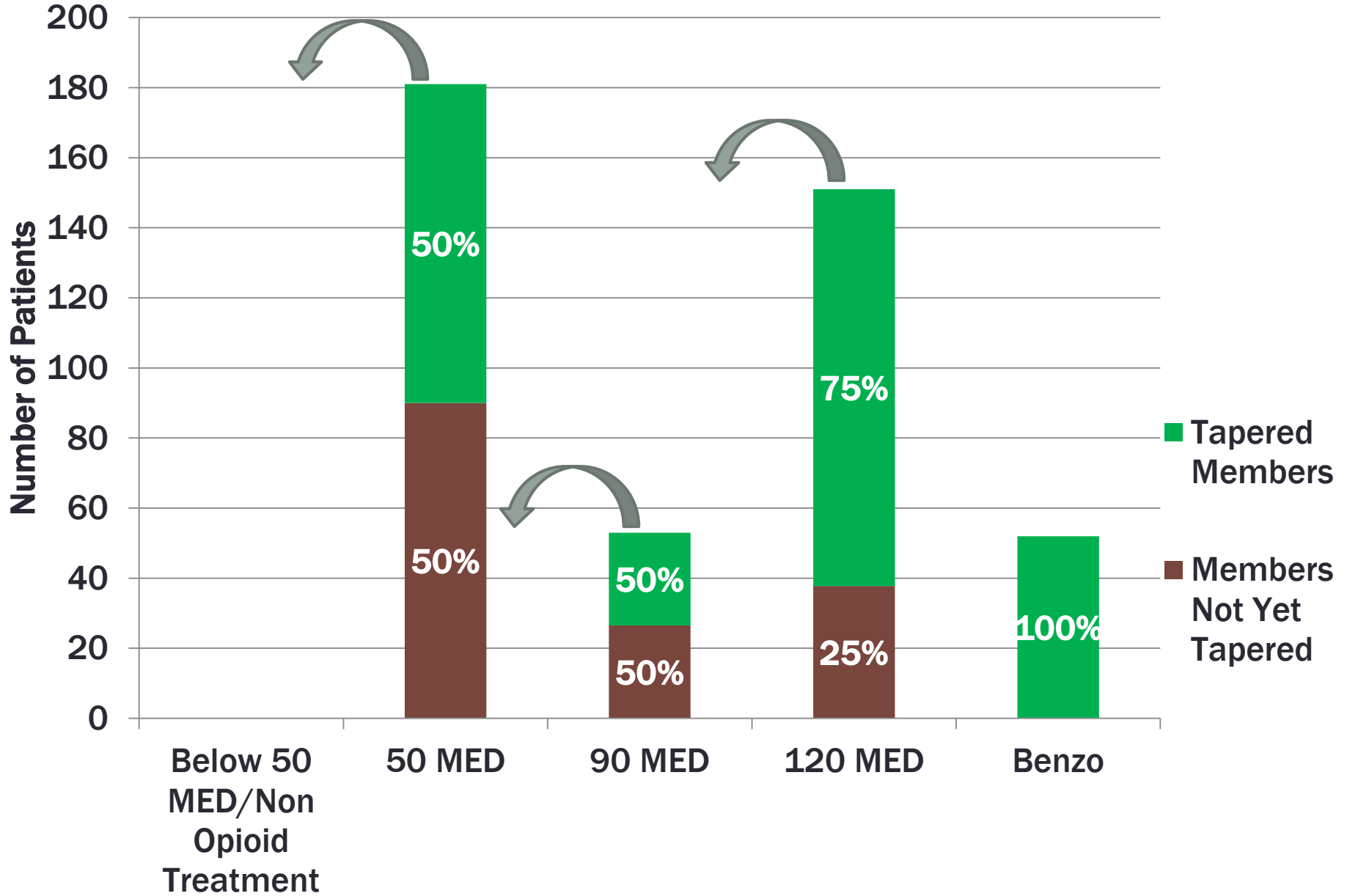
YES

- 1. Follow Guidelines**
- 2. Address Risk and Dependence**
- 3. Review Function**
- 4. Keep to <50 MED**
- 5. Taper off if no improvement of function**

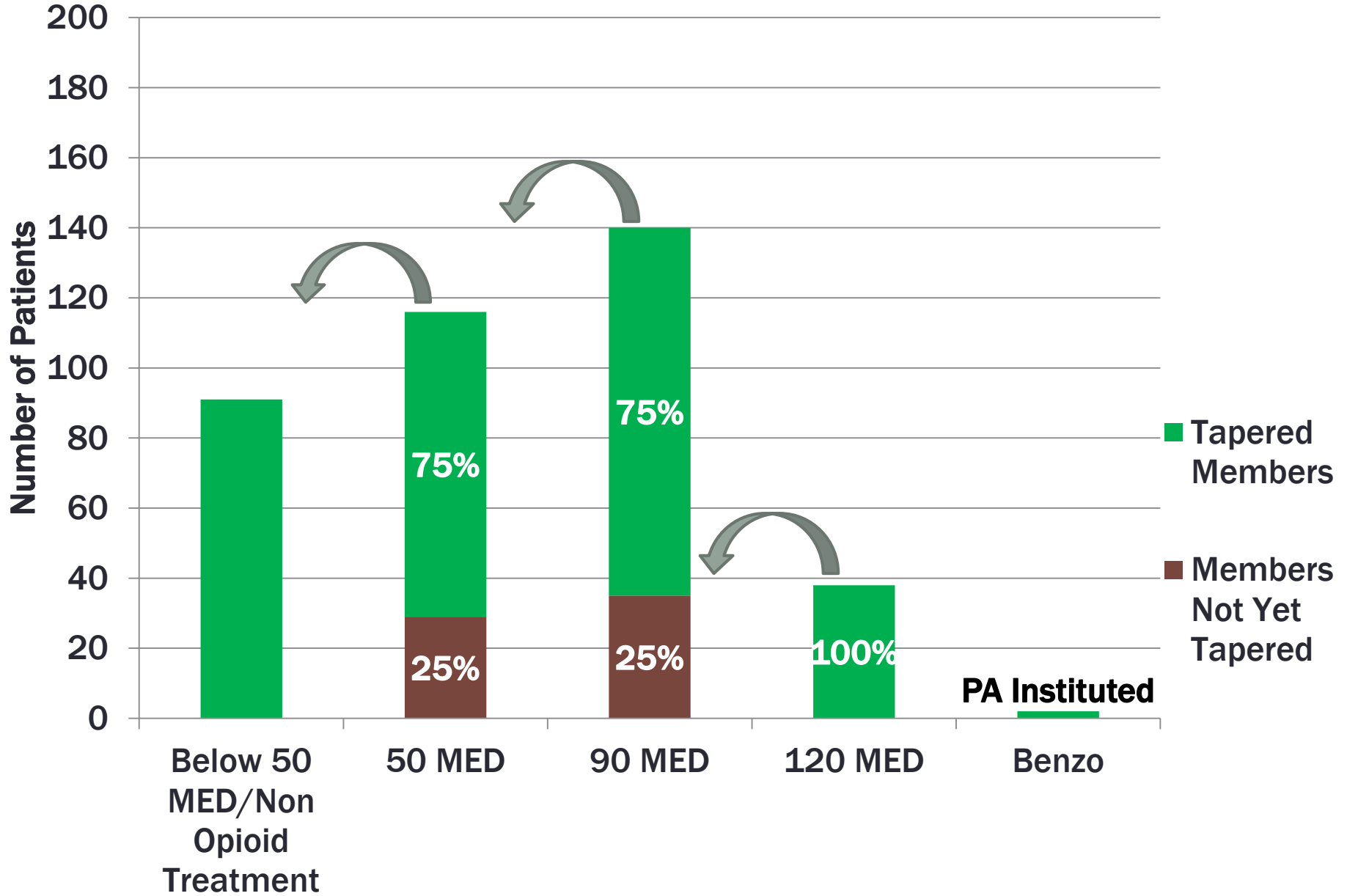
NO

- 1. Taper Off if legacy patient**
- 2. Do not start if acute pain or new chronic pain**
- 3. Use evidence-based alternative treatments**

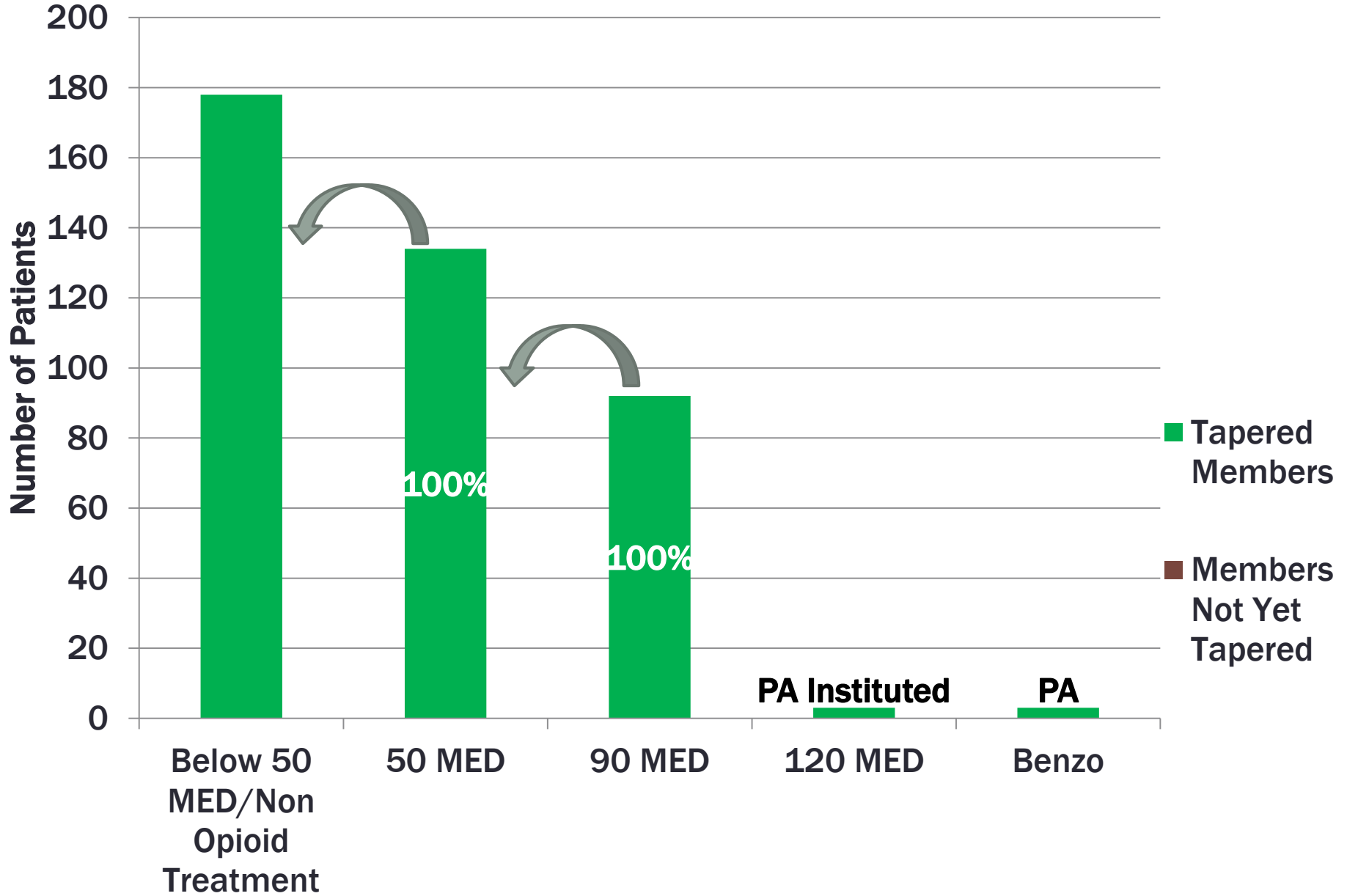
2016 Tiered Goal



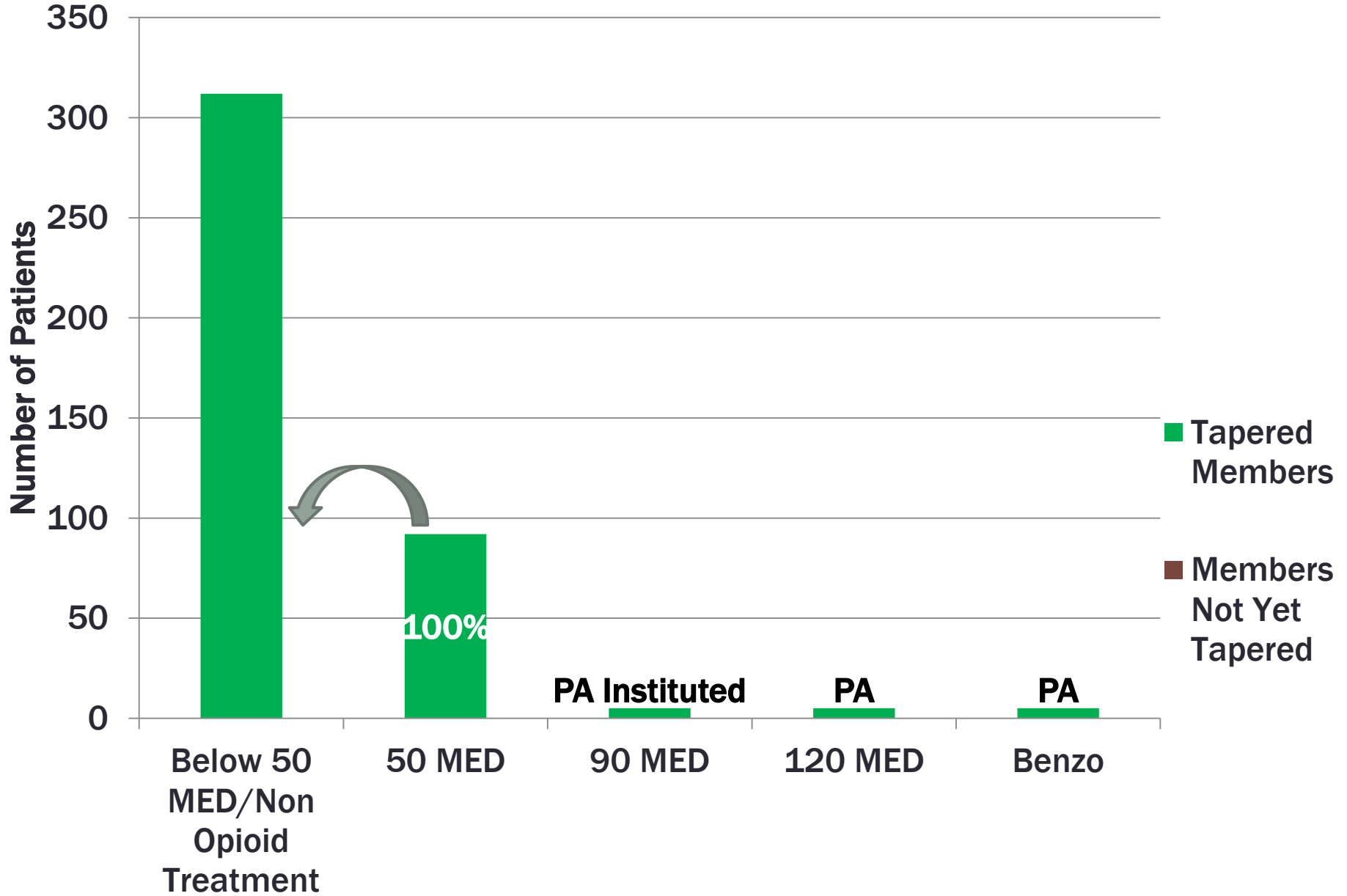
2017 Tiered Goal

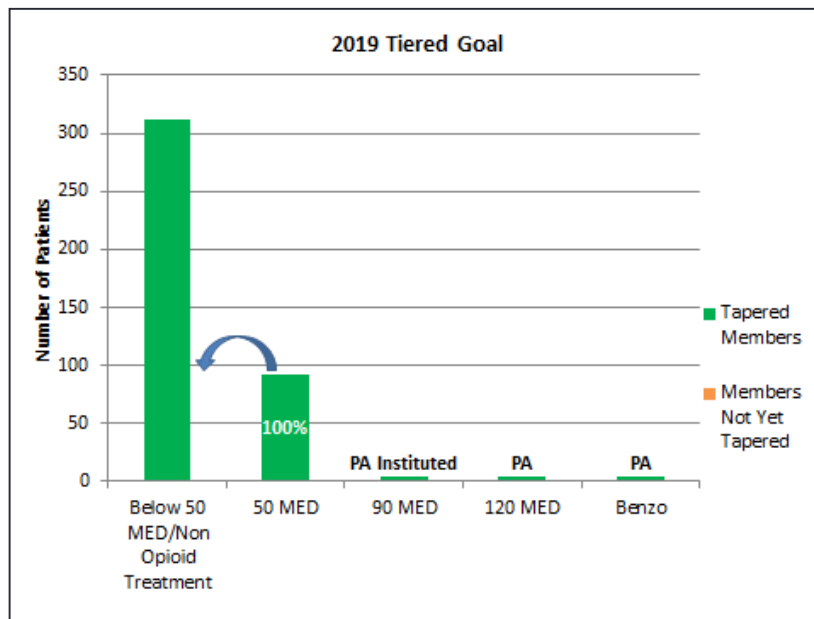
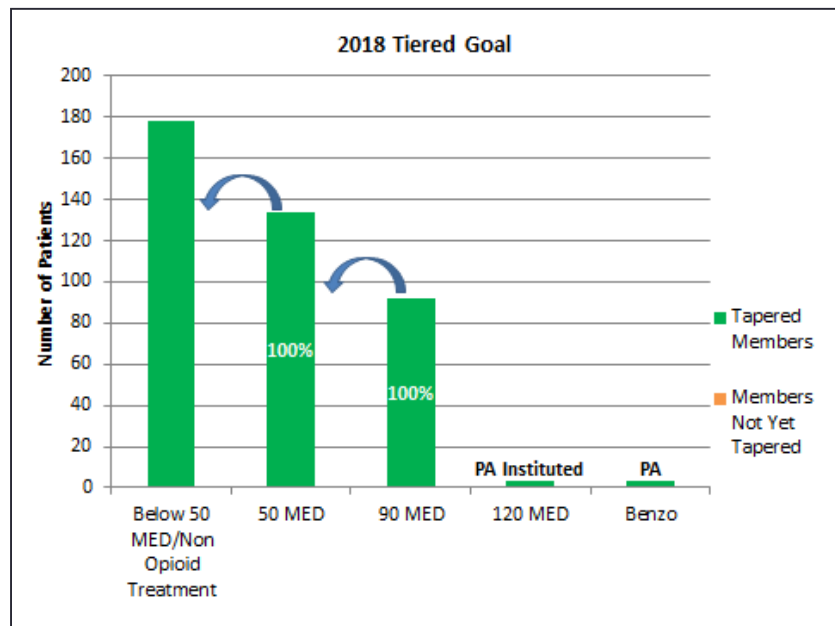
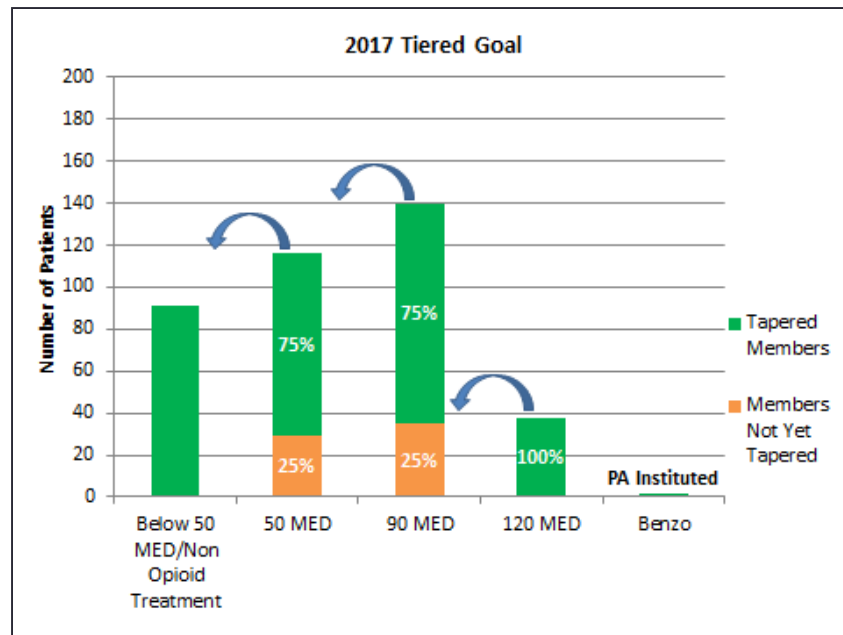
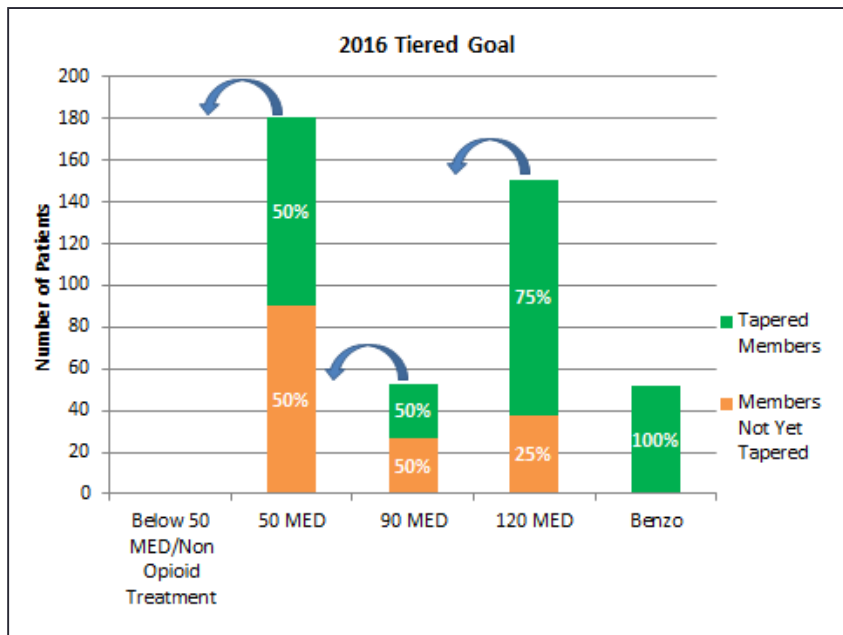


2018 Tiered Goal



2019 Tiered Goal





STRATEGY TO ACHIEVE GOAL

- Outreach to prescribing clinics/organizations
 - Clinic/organization commitments to meet 2016 MED goals
 - Individual providers in clinic pledge, then clinic certified
 - CPCCO publishes certified clinics on website
- Provider recognition for achieving goals
- Funded clinic-level pilot projects/programs
- Supports
- Accountability

SUPPORTS TO ACHIEVE GOAL

- **Trainings:**
 - **Provider and clinic trainings led by CCO/Public Health**
 - **Regional quarterly community of practice meetings**
 - **CPCCO/Public Health sponsored OPDMP trainings**
- **Highlight and spread knowledge of alternative options/evidence based treatments:**
 - **BH Based Pain Clinics**
 - **BH integration**

SUPPORTS TO ACHIEVE GOAL: OPDMP BEST PRACTICE

- **May 1, 2016 – December 31, 2016**
 - **100% of clinicians prescribing opioids are registered on OR PDMP.**
 - **100% of pharmacies using OPDMP**
 - **Provider level/clinic level population data review**
- **January 1, 2017 – December 31, 2017**
 - **100% of clinical teams actively utilizing OR PDMP when prescribing opioid**

SUPPORTS TO ACHIEVE GOAL

- **Pharmacy Support**
- **Community Education**
- **Contracted Pain specialist**
 - **For VERY high risk/complicated patients (will need PA)**

SPECIALTY PRESCRIBING

- **Current Recommendations are primary care based**
- **Next Step: Bring together ED, specialists, surgeons, mental health prescribers etc. to discuss shared standards**

HOW DO WE HOLD OURSELVES ACCOUNTABLE?

- Quarterly CPCCO clinic dashboard
- Move towards publicizing clinic opioid prescribing data
- Provider level/clinic level population data review
- PA institution once reach 100% goal

MEDICATION ASSISTANCE TREATMENT

- CPCCO partnership with OHSU Scappoose
- Serve approximately 300 patients
- Within primary care using RN, Behavioral Health and team-based care
- Start Summer 2016 in Scappoose
- Spread to Clatsop, Tillamook early 2017

OTHER COMMUNITY INITIATIVES

- Judge Phil Nelson's Drug Court Program
- RX Drug Drop Boxes in police departments
- Jordan's Hope for Recovery: National Council on Alcoholism and Drug Dependency, Clatsop County Chapter
- North Coast Prevention Works Coalition
 - Erik Martin, Community Training
 - Applied for 2016 SAMHSA Drug-Free Community grant
 - Received grant for Tall Cop Says Stop
 - Environmental scan and community training on social norms around drug use