

Oregon's PDMP 101



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Objectives

- Explain the purpose and business goals of Oregon's PDMP
- Identify how PDMPs can help reduce over prescribing

Why have a PDMP?

- An opioid prescription was dispensed to 1 in 4 Oregonians in 2013 – a lot of opioids
- Opioid overdose epidemic
- Patient safety concerns
- Prescriber responsibility with lack of information
- Dependency and addiction concerns
- Over prescribing concerns

Who is most at risk?

- Patients on doses >100 mg MED
- Patients on doses >40 mg Methadone
- Patients who are coprescribed benzos and opioids
- Patients on opioids >90 days
- Patients who have a history of mental illness
- Have a history of substance misuse are at highest risk for overdosing

Sources: Policy Impact: Prescription Painkiller Overdoses:

<http://www.cdc.gov/homeandrecreationalafety/rxbrief/>

IVPP unpublished data

Purpose and Business Goals of the PDMP

Program Purposes:

1. Provide authenticated users who are licensed to prescribe schedule II-IV drugs electronic access to patient level data for drugs that have been dispensed to the patient by licensed pharmacies.
2. Implement activities to assist system users to screen patients whose prescription drug purchases have exceeded an extreme threshold.
3. Reduce diversion of prescription drugs by providing information to prescribers.
4. Use data to inform, develop, and implement population based prevention approaches to reduce PDO.

Business goals:

1. Provide an electronic system that collects, manages, and stores data on prescription dispensation that can be accessed by providers, dispensers, and OHA users.
2. Utilize system via queries and reports to inform prescription providers of anomalies in patient drug access behavior.
3. Utilize system data to monitor spatial and temporal changes in drug dispensation at the population level to educate and inform health care providers.

What is a PDMP?

- A queryable electronic database that contains a set of information on all controlled substance prescriptions dispensed to patients in Oregon.
- The PDMP patient report is a line list of every prescription dispensed up to 3 years.
- PDMP data are available to authorized users in Oregon

Oregon PDMP collects pharmacy data

Patient information

- First and last names, middle initial
- Date of birth
- Address
- Drug code number
- Date drug was prescribed
- Date drug was dispensed
- Quantity of drug dispensed

Pharmacy and practitioner information

- Dispensing pharmacy
- Prescriber

Who has access?

- Licensed healthcare providers & pharmacists authorized by the OHA
- PDMP staff to administer the program
- Vendor personnel contracted to maintain the system

Others who may request PDMP information

- Patients may obtain a free copy of their record
- Regulatory boards may request information on a licensee if they certify it is necessary for an active investigation
- Law enforcement agencies may request information on an individual pursuant to a valid court order based on probable cause

Ongoing overdose prevention work

1. Enroll 95% of top cohort of prescribers
2. Implement prescribing guidelines through CCOs and Health Systems adoption
3. Implement PDMP use guidelines through CCOs and Health Systems adoption
4. Convene learning collaboratives such as Jackson County OPG to reduce over prescribing
5. Remove methadone as a preferred status drug from all insurer's formularies

Ongoing overdose prevention work

6. Require insurers to cover non-pharmacological pain care

7. Ensure availability of MAT

8. Analyze data and prepare data sets for local community use to inform policy and practice.

9. Grant development

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